



## January 2012

### DLCC Dazzler™ Specials!

**Upgrade your Facial with a Glycolic or Salicylic Peel for only \$25 more!**

**Also, December Special Extended!**

**20% off Cosmetic Laser Packages**



Call today to schedule your Complimentary Consultation!

### Product of the Month

**DLCC Dazzlers™ Receive 20% off**

**CeraVe Products!**



All CeraVe Skincare products provide the benefits of unique, patented MVE delivery technology and are formulated with essential ceramides and other skin-nurturing and protective ingredients, including vital humectants and emollients, to replenish and retain needed moisture.

### Dr. Schlesinger Says



**"I Love Peels!"**

If you happened to be one of the lucky ones here on December 6 for our 7<sup>th</sup> Annual Glow Night Event, you would have heard me say this! Nonetheless, it is true. I do love peels, both receiving them myself and also seeing the results achieved by our clients. Skin peels come in several flavors, mainly differentiated by how deep they peel. Our glycolic and salicylic acid peels are superficial peels with no downtime. Glycolic peels are more for sun damage/skin smoothing and salicylic peels are more for oily or acne prone skin. Medium depth peels (the Vi-Peel), cause peeling for about 5-7 days and do better removing more severe sun damage. Vi-Peels also help with fine lines and wrinkles. Peels make your skin look great! They are extremely safe, reasonably priced and compliment other procedures we do. Come and try a series of superficial or medium depth peels today at DLCC and you'll be saying "I love peels" too!

## A Fabulous 7<sup>th</sup> Annual Glow Night

If you haven't already heard or were not able to attend, our 7<sup>th</sup> Annual Glow Night was a fabulously huge success – truly *Simply Sparklelicious!* Those of you who are our loyal and valued patients and friends who brave the crowd year after year as well as the first-timers, we thank you for helping in making our event the culmination of a year of extremely hard work. We would not be able to put on such a great party without the wonderful patients, friends, family, coworkers, local businesses and cosmeceutical representatives that volunteer their time and services.

DLCC was able to give away over 70 raffle prizes. All of these wonderful gifts are courtesy of our advertising vendors, the many small "mom and pop" businesses to the larger corporations that made gracious donations. We are proud to say the majority are from local businesses right here in the West Ashley area. *Kelly G's (from the Two Girls and a Guy Morning Show at 95SX) Grand Prize* was won by Catherine Brown a local hair stylist and valued patient. She will be enjoying a "Day at the Spa" following by 3 days and 2 nights in Hilton Head. A huge thank you goes out to The Schlesinger Family for their generosity in donating a mini vacation at one of their Hilton Head rental vacation homes.

A number of our cosmetic representatives turned out - after a long day of regular work - to strut their stuff for us. A tremendous thanks goes out to our main sponsors Allergan the providers of Botox, Juvederm and Latisse as well as Medicis the providers of Dysport, Restylane and Perlane. Representatives from Skincenticals, Avene/Glytone, Ulthera, Candela Lasers, glō Minerals Make-up, Sculptra Aesthetics, Radiesse/Xeōmin and Stella and Dot went above and beyond, as they do year round. Chef Donnie (Grills Gone Wild) and staff worked their magic in creating the most delectable food a party could ask for. Kelly G was a fabulous holiday hostess and was definitely in the giving spirit! The DLCC staff pulled out all the stops and time and time again showed what teamwork is all about. Beside the staff we had numerous volunteers. Thank you's to Sonny, Jeff, Marla, Lauren, Alina, Patrick, Paolo, Winkie, Paul and to the many people that helped in their own way, behind the scenes, when I was too busy to see straight.

If your plans or schedule did not allow you to make it this year, be sure to mark your calendars for our 8<sup>th</sup> Annual Glow Night scheduled for the first Tuesday in December 2012. A little hint....the event was on such a grand scale this past year, be ready for even more surprises and a larger venue location in 2012. To all of you, we wish a spectacular New Year and hope to see you soon!

## You Gotta Love Peels!

By: Danyiel Robinson, Certified Esthetician and Massage Therapist



The chemical peel is one of the oldest cosmetic procedures in the world, and was performed in ancient Egypt, Greece, and Rome to help people achieve smoother, more beautiful skin. Today, chemical facial peels are popular because they offer nearly immediate results and can be performed as an outpatient procedure. Sun exposure, acne or just getting older can leave your skin tone uneven, wrinkled, spotted or scarred. If you want your skin to look smoother and younger, consider a chemical peel, which uses a chemical solution to smooth the texture of your skin by removing the damaged outer layers. Although chemical peels are used mostly on the face, they can also be used to improve the skin on your neck and hands.

You can improve:

- Acne or acne scars
- Age and liver spots
- Fine lines and wrinkles
- Freckles
- Irregular skin pigmentation
- Rough skin and scaly patches
- Scars
- Sun-damaged skin

Glytone Glycolic and Salicylic Acids are a lighter depth peel that can be done in a series every two weeks with little or no down time. Glycolic Acid peels are available in strengths ranging from 30% to 70%, effectively work in reducing skin aging effects, leaving skin looking younger and healthier. Salicylic Acid peels are available in both 20% and 30% strengths, and are great for acneic and oily skin. One of the most popular options is The VI Peel. As a medical-grade medium depth chemical peel, the VI Peel is an effective treatment to improve several skin conditions. This peel also provides a more youthful look by brightening the overall appearance of the skin and improving collagen production. The VI Peel can also assist in removing precancerous cells. The Vi Peel has been safely used to manage acne in patients as young as 12 years of age and is effective for use on darker skin tones that have not historically responded well to other chemical peel procedures, such as Asian, African-American or Latino skin tones.

If you have considered having a chemical peel treatment but, were too afraid or skeptical, remember the words of Dr. Schlesinger, "I love peels." A chemical peel is an easy, very safe treatment that is cosmetically and medically healthy for the skin. With virtually no downtime you can be on your way to a healthier complexion in no time.

## Top 5 New Years Resolutions for your Skin!

1. Always wear an **SPF**
2. Clear up sun damage with **Photofacial Rejuvenation**
3. Get a **Peel**
4. Use a **hydrating moisturizer**
5. Get a **Vibradermabrasion**

## Get Ready for Valentine's Day!



**Receive \$10 off when you purchase a Gift Card of \$50 or more!**

## Do you suffer from mild to moderate acne?

Call our office to inquire about our current **research acne study!**

## Greene Chile Chili



### Ingredients

- 1 Tbs canola oil
- 12 ounces ground sirloin 1 1/2 cups chopped onion
- 1 Tbs chili powder 1 tsp hot paprika
- 5 garlic cloves, minced
- 1 (12-ounce) bottle dark beer
- 1/2 cup salsa Verde 1 (4-ounce) can diced green chiles, undrained
- 1 (15-ounce) can no-salt-added tomatoes, undrained and crushed
- 1 (15-ounce) can organic kidney beans, rinsed and drained
- 1/4 cup (1 ounce) shredded sharp cheddar cheese
- 1 green onion, sliced

### Preparation

Heat a large Dutch oven over medium-high heat. Add oil to pan; swirl to coat. Add beef; sauté for 5 minutes or until no longer pink, stirring to crumble. Add chopped onion, chili powder, and paprika; sauté 4 minutes, stirring occasionally. Add garlic; sauté for 1 minute, stirring constantly. Stir in beer; bring to a boil. Cook 15 minutes or until liquid almost evaporates. Add salsa and the next 3 ingredients (through beans); bring to a boil. Reduce heat, and simmer for 30 minutes, stirring occasionally. Ladle 1 1/4 cups chili into each of 4 bowls, and top each serving with 1 tablespoon cheese. Sprinkle with green onion.

Recipe courtesy of: Cooking Light JANUARY 2011

## Friday Mornings!



Listen to 95SX on Friday Mornings to hear Mike, Tanya and Kelly G of **Two Girls and a Guy** discuss our monthly specials!



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